

Information sheet

Redundancy Payments office – forms and advice.

Helpline: 0845 145 0004.

Unionlearn – learning and careers advice service.

Tel: 08000 92 91 90 open 7 days a week 8am to 10pm.

Will help you identify your skills and find appropriate job profiles and training courses for you. Can also help with writing CV's and preparing for interviews.

Next Step – offers similar service to Unionlearn but the service is run by the government Skills funding Agency.

Tel: 0800 100 900 to speak to an adviser or to make an appointment for face to face advice.

<https://nextstep.direct.gov.uk/planningyourcareer/jobprofiles/Pages/GuidetoJobProfile.aspx>

UNISON Welfare – Tel: 020 7551 1620 for confidential advice on debt advice, breaks and holidays, financial assistance and general advice.

UNISON Direct – Tel: 0845 355 0845 for free legal advice.

Citizens Advice Bureau – phone advice on 0844 826 9696 or www.citizensadvice.org.uk.

Waltham Forest Samaritans- Tel: 020 8520 9191 for confidential emotional support.

