

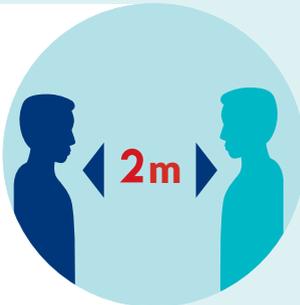
# Quick Reference Guide for Children's Social Workers

Based on the current knowledge of Covid-19 infection and transmission it appears that children are both unlikely to cause significant spread of the virus and do not usually experience severe illness. For this reason children's settings are currently perceived to be low risk and usual precautions such as handwashing should be sufficient to reduce risk of spread and PPE is not required.

Before your visit, please contact the client to confirm if anyone at home has COVID-19 symptoms or if anyone at home is extremely vulnerable to COVID-19 and advised to shield.

**Please remember – when interacting with people at home always...**

Keep a  
minimum  
distance of  
2 metres  
where  
possible



Wash hands  
frequently  
(for at least  
20 seconds)  
or use hand  
sanitizer with  
a minimum of  
60% alcohol



Clean surfaces  
frequently  
including  
door  
handles,  
rails, hoists  
etc.



Avoid  
touching  
your face,  
nose and  
eyes



You only need PPE if you are in a household where someone has COVID-19 symptoms and you cannot maintain 2 metres social distance, or if someone is extremely vulnerable to COVID-19

## When do you need PPE?

If you are visiting any household where any member of the household is showing symptoms of COVID-19 (and self-isolating) or you are unable to make an assessment of COVID-19 status and you cannot maintain 2 metres social distance

**or**

If you are visiting a household where any member of the household is in the **extremely vulnerable group** advised to shield\*

## What PPE should you use?

- Disposable gloves
- Disposable plastic apron
- Fluid repellent surgical mask (\*you may use a simple surgical mask if you are visiting a household where someone is extremely vulnerable and advised to shield, and no one has COVID-19 symptoms)
- Eye protection (use if there is a risk of splashing)

## Safe use and disposal of PPE

- Follow the **guidance** on how to safely put on / take off PPE
- Use new gloves and apron for each client
- Use a new mask for each household
- Follow the **guidance** on how to decontaminate re-usable eye protection (if required) after use
- To safely dispose of PPE, double bag used apron, gloves and mask
- Set aside from other waste for 72 hours before disposal in general waste
- Wash your hands after taking off PPE and handling waste



**Guidance based on PHE advice 22 April 2020 and subject to change.  
Always check for updates on the [gov.uk](https://www.gov.uk) website.**

**If you have concerns about your visit or PPE please speak to your manager.**